



VALLEY YOUTH HOUSE RESOURCE GUIDE

ValleyYouthHouse.org

PREVENTION

School-Based Counseling

School-Based Counselors work directly with students in grades K-12 in their school setting to provide individual and/or small group counseling services, some of which are trauma-focused.

Lehigh & Northampton
267-930-4092

Child Mentoring Program (CMP)/Respite

Provide role modeling, tutoring, recreational, & life skills development to youth ages 2-21, as well as respite for youth with a mental health diagnosis

Lehigh & Northampton
610-820-0166 x4307

LGBTQ+ Services Project SILK

Lehigh Valley

Inclusive drop-in program that is youth-led, adult-supported and offers leadership & HIV intervention programs for LGBTQ+ youth ages 14-21

Allentown
610-347-9988 x301

Youth Education Program (YEP)

A wide variety of prevention and education services designed to help youth and families make healthy choices, especially in regards to alcohol, drugs, and other substances.

Lehigh & Northampton
267-930-4092

INTERVENTION

Certified Peer Specialist (CPS)

Supports individuals ages 14-26 and their families who are living with a serious emotional disturbance and/or have a mental health diagnosis to develop healthy coping mechanisms to achieve their goals

Lehigh & Northampton
267-423-4340

Family Based Mental Health (FBMH)

Family counseling, education, & crisis intervention to support the behavioral needs of the child, youth & family

Lehigh & Northampton
610-820-0166 x5331

Family Intervention Program (FIP)

In-home clinical & case management service designed to eliminate the destructive impact of substance abuse problems within families

Lehigh & Northampton
610-820-0166 x5331

Family Preservation Program (FPP)

Counseling & case management intervention services to homeless & non-homeless families to reduce out-of-home placement of children

Northampton
610-820-0166 x5344

Respite

Provide a break from care for families in their home if they have a child ages birth to 21 with a documented mental health diagnosis. Provide site based respite where families can drop off their children for a four hour period.

Lehigh
610-820-0166 x4307

Functional Family Therapy (FFT)

Family therapy model for all youth ages 10-18 who have demonstrated a range of delinquent or other maladaptive behaviors

Lehigh & Northampton
610-820-0166 x5331

Intensive In-Home Services

Provides intensive interventions blending case management & therapeutic services, educational services, & out-client services

Lehigh
610-820-0166 x5341

Attendance Support Counseling

Outreach & counseling services for elementary students who have missed 10+ days of school (Allentown & Whitehall School Districts)

Lehigh
610-820-0166 x5349

Trauma Focused Cognitive Behavioral Therapy

School based & In-home, evidence based treatment for children & adolescents who have experienced trauma

Lehigh & Northampton
610-820-0166 x5341

EMERGENCY SERVICES

Bucks County Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 6-20

215-442-9760

Lehigh Valley Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 12-17

610-691-1200

The Synergy Project

Street outreach program offering assistance to runaway & homeless youth up to age 21

Allentown 484-866-5556

Bucks 215-990-3962
Montgomery 610-820-0166 x3324

Dauphin 717-963-7565
Philadelphia 1-888-468-7315

INDEPENDENT LIVING & PERMANENCY SERVICES

Housing Programs

Provide semi-supervised small group living & individual apartments for single or parenting youth between the ages of 16 & 22 who are experiencing homelessness or housing instability, in the foster care system, identify as LGBTQ+, or have been victims of trafficking. VYH has one of the region's longest running LGBTQ specific housing programs, Pride, for youth age 18 to 20

Bucks 215-244-1752
Dauphin 717-963-7565
Delaware 484-999-8214
Lackawanna 570-861-0032
Lancaster 717-945-6273
Lehigh & Northampton 610-820-0166 x3324
Luzerne 570-704-0626
Montgomery 610-272-2946
Philadelphia & Pride 215-925-3180
York 717-690-0930

Life Skills & Aftercare Programs

Adolescents Achieving Independence (AAI) & Achieving Independence Center (AIC) programs provide Life Skills Development & Case Management Services for current & former foster care youth age 14 to 20

Carbon 610-820-0166 x3316
Dauphin 717-963-7565
Delaware 484-999-8214
Lehigh 610-820-0166 x3310
Montgomery 610-272-2946
Northampton 610-820-0166 x3316
Perry 717-963-7565
Philadelphia 215-574-9194
York 717-690-0930

Mentoring Programs

Group & individual mentoring services designed to help youth ages 14 to 20 define a strong career path & build permanent connections to caring adults

Delaware 484-999-8214
Montgomery 610-272-2946
Philadelphia 215-574-9194

Permanency Services

All Statewide Adoption & Permanency Network Services (SWAN) are provided with an emphasis on finding supportive mentors & lifelong connections for children & youth as they become adults. Services are provided in

610-272-2946

Host Homes Program

A host home model connecting youth who are experiencing housing instability with volunteer homes; includes training & recruitment to hosts, case management for youth, and 24-hour on-call crisis support

Allentown 610-820-0166
Philadelphia 215-925-3180

THRIVE

Provide housing and support for female-identifying trafficking survivors between the ages of 14-21

Northampton & Lehigh 610-691-1200

THERAPEUTIC RECREATION & ADVENTURE

Camp Fowler

A 43-acre camp located in Orefield, PA offering therapeutic, challenge-based recreation & adventure for youth ages 8 & up. Overnight camps (week-long & weekend): Adventures in Arts Camps, Adventures in Leadership Camps, & Adventures in STEM Camps

610-349-2835

Catalyst Adventure Learning

Offers an array of outdoor education and experiential learning programs that promote connection, reflection, and growth through adventure-based activities.

610-349-2835