



# VALLEY YOUTH HOUSE RESOURCE GUIDE

ValleyYouthHouse.org

## PREVENTION

### Child Mentoring Program (CMP)/Respite

Provide role modeling, tutoring, recreational, & life skills development to youth ages 2-21, as well as respite for youth with a mental health diagnosis

Lehigh & Northampton  
610-820-0166 x2224

### Project Child

Lehigh Valley coalition to prevent child abuse & neglect through parenting classes, a parent support group, educational trainings & child safety initiatives

Lehigh & Northampton  
610-820-0166 x5340

### Project SILK

Leadership & HIV intervention programs for LGBTQ youth ages 14-21

Allentown  
610-347-9988 x301

### Student Assistance Program (SAP)

School-based program provides short-term mental health counseling services; all public high, middle & elementary schools in Northampton County & some Lehigh County schools

610-820-0166 x5325

### Youth Education Program (YEP)

An array of drug prevention & education services for youth & parents; school-based & community; ARD programming for those eligible up to age 23

Lehigh & Northampton  
610-820-0166 x5339

## INTERVENTION

### Behavioral Health Rehabilitative Services (BHRS)

Provides intensive behavioral services & interventions based on the principles of ABA across settings to support children & families

Lehigh & Northampton  
610-820-0166 x4307

### Family Based Mental Health (FBMH)

Family counseling, education, & crisis intervention to support the behavioral needs of the child, youth & family

Lehigh & Northampton  
610-820-0166 x5332 & x4312

### Family Intervention Program (FIP)

In-home clinical & case management service designed to eliminate the destructive impact of substance abuse problems within families

Lehigh & Northampton  
610-820-0166 x5331

### Family Preservation Program (FPP)

Counseling & case management intervention services to homeless & non-homeless families to reduce out-of-home placement of children

Northampton  
610-820-0166 x2214

### Functional Family Therapy (FFT)

Family therapy model for all youth ages 10-18 who have demonstrated a range of delinquent or other maladaptive behaviors

Lehigh & Northampton  
610-820-0166 x5331

### Intensive In-Home Services

Provides intensive interventions blending case management & therapeutic services, educational services, & out-client services

Lehigh  
610-820-0166 x2214

### Truancy Intervention Program (TIP)

Outreach & counseling services for elementary students who have missed 10+ days of school (Allentown & Whitehall School Districts)

Lehigh  
610-820-0166 x2214

### Trauma Focused Cognitive Behavioral Therapy

In-home, evidence based treatment for children & adolescents who have experienced trauma

Lehigh & Northampton  
610-820-0166 x2214

## EMERGENCY SERVICES

### Bucks County Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 6-20

215-442-9760

### Lehigh Valley Shelter

24 Hour 365 days per year emergency shelter & services for youth ages 12-17

610-691-1200

### The Synergy Project

Street outreach program offering assistance to runaway & homeless youth up to age 21

Allentown 484-866-5556  
Bucks 215-990-3962

Dauphin 717-963-7565  
Philadelphia 1-888-HOUSE15

## INDEPENDENT LIVING & PERMANENCY SERVICES

### Housing Programs

Provide semi-supervised small group living & individual apartments for single or parenting youth between the ages of 16 & 24 who are homeless or in the foster care system. VYH has one of the region's longest running LGBTQ specific housing programs, Pride, for youth age 18 to 20

Bucks 267-317-3074

Chester 484-999-8214

Delaware 484-442-8462

Lancaster 717-945-6273

Lehigh & Northampton  
610-317-0721

Lehigh Valley Pride  
610-820-0166 x3320

Luzerne 570-704-0626

Montgomery 610-272-2946

Philadelphia & Pride  
215-925-3180

York 717-690-0930

### Life Skills & Aftercare Programs

Adolescents Achieving Independence (AAI) & Achieving Independence Center (AIC) programs provide Life Skills Development & Case Management Services for current & former foster care youth age 14 to 21

Chester 484-999-8214

Dauphin 717-963-7565

Delaware 484-442-8462

Lehigh 610-820-0166 x3315

Montgomery 610-272-2946

Northampton & Carbon  
610-820-0166 x3316

Philadelphia 215-574-9194

York 717-690-0930

### Mentoring Program

Group & individual mentoring services designed to help youth ages 14 to 20 define a strong career path & build permanent connections to caring adults

Chester  
484-999-8214

Delaware  
484-442-8462

Montgomery  
610-272-2946

### Permanency Services

All Statewide Adoption & Permanency Network Services (SWAN) are provided with an emphasis on finding supportive mentors & lifelong connections for children & youth as they become adults. Services are provided in affiliation with the SWAN

484-442-8462 x105

## THERAPEUTIC RECREATION & ADVENTURE

### Camp Fowler

A 43-acre camp located in Orefield, PA offering therapeutic, challenge-based recreation & adventure for youth ages 10 & up. Overnight camps (week-long & weekend): Adventures in STEM Camps, Adventures in Leadership Camps, & Adventures in Arts Camps

610-349-2835