

Elementary

DONNIE DINOSAUR (TOBACCO TROUBLE): Designed for Pre-K to second grade youth to help learn the dangers of tobacco. This program consists of six lessons focusing on the hazards of nicotine and the importance of a healthy body.

THE INCREDIBLE YEARS: This social skills and problem solving curriculum is a comprehensive program for children pre-school through first grade. The ten session program addresses skills such as friendship, emotion language, problem solving, and anger management.

PROMOTING ALTERNATIVE THINKING STRATEGIES (PATHS): A ten session curriculum facilitating self-control, positive self-esteem, emotional awareness, and interpersonal problem solving skills for youth in third grade to sixth grades.

SMALL FOCUS GROUPS: A small group format of ideally six to eight children who meet with a prevention specialist weekly for a minimum of eight weeks. Topics of group focus may include social skills, anger management, divorce and separation, bereavement and loss, peer relationships, positive self-image, etc.

TOO GOOD FOR DRUGS II: An interactive, research based, ten session program for K-12th grade students. This program is designed to address five interwoven components of goal setting, decision making, boundaries with others, identifying and managing emotions, and communicating effectively. The framework is school-based, but involves families and communities as equal partners.

STEPS TO RESPECT: A ten session bullying prevention program designed for third through fifth grade students or fourth through sixth grade students. They learn how to recognize, refuse and report bullying.