

Middle

ALL STARS: 13 lessons for fifth through eighth grade students designed to prevent and delay the onset of high-risk behaviors such as drug use, violence and premature sexual activity, through social competency, problem solving and family and school connections.

PROTECTING YOU / PROTECTING ME: Eight lesson alcohol awareness curriculum for second through fifth grade students. This program addresses human brain development and the risks associated with exposure to alcohol before age 21, along with problem solving, friendship skills and social competency.

SECOND STEP: Fifteen lessons for sixth through eighth grade students that are designed to decrease aggression, bullying, and substance abuse, and increase students' social skills and school success. This program provides a foundation for creating a safe, respectful learning environment.

GATE (ANTI-GANG PROGRAM): A school based anti-gang, drug and violence education for youth in Kindergarten through eighth grade. This ten lesson program addresses the dangers of gangs while focusing on positive decision making skills, respect, remaining drug-free, peer pressure refusal skills, and maintaining a positive school environment.

STRENGTHENING FAMILIES PROGRAM (SFP): For Parents and Youth (10-14): This program is intended to reduce adolescent substance abuse and other problematic behaviors in youth 10 to 14 years old. SFP is designed to increase positive communication and stronger relationships within the family. The SFP program is offered one evening per week for seven weeks and hosted at specific Middle Schools.

STUDENTS AGAINST DESTRUCTIVE DECISIONS (SADD): A nationally recognized affiliation which provides leadership opportunities to students and assists them with initiating drug prevention strategies in their schools. The Valley Youth House SADD Coordinator works with schools providing technical assistance and organizing county wide activities.

TOBACCO FREE NORTHEAST (TFNE): A program whose mission is to improve the quality of life in our communities by reducing tobacco use. Power of 10 (P10) is an advocacy program under TFNE which engages middle and high school youth in Tobacco prevention activities. The Valley Youth House TFNE Coordinator assists P10 youth in planning community events, peer education and school wide events, and helps prevent underage tobacco sales through merchant education and compliance checks.

LEARNING TO CARE (LTC): A 30 session program offered to the Bangor Area School District Kindergarten through second grade students. LTC is a highly interactive program designed to teach nurturing, empathy and child development to children within their school classrooms.

PUBLIC INFORMATION CENTER (PIC): The Public Information Center on Drug Prevention, a Pennsylvania State Regional Alcohol and other Drug Awareness Resources (RADAR) site provides up-to-date information on alcohol, tobacco and other drugs, as well as other health related topics. Materials are available at no cost to the public.

DECISIONS: An educational program designed to reduce drinking, problematic drinking and other drug use among offenders, 23 years old and younger, referred primarily by the criminal justice system, through community referrals from other sources are also accepted.

CHOICES: An educational program designed to reduce underage disorderly conduct or harassment among offenders, 23 years old and younger, referred primarily by the criminal justice system, through community referrals from other sources are also accepted.

MARIJUANA AWARENESS CLASS (MAC): An educational program designed to heighten understanding of the negative impact of marijuana use among offenders 18 years old and younger. Referrals may come from any source.