



Valley Youth House
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For Immediate Release

**SADD Chapter Members Host
Healthy Living Expo**
SADD Chapter Members Teach How to Make Good Decisions

November 4, 2009 - Lehigh Valley Chapters of Students Against Destructive Decisions (SADD), in partnership with the Youth Education Program of Valley Youth House, is sponsoring a **Healthy Living Expo** on Tuesday, November 17, 2009 from 9:00 a.m. to 12:00 p.m. at the Northampton Memorial Community Center, 1601 Laubach Ave., Northampton, PA. Some of the SADD Chapters participating are Northampton, Catasauqua, Parkland, Salisbury, Bangor, Pen Argyl, Southern Lehigh and Nazareth.

The Expo will include *The Safety Bug*, which is a way for teens to gain real-life exposure to the perils of impaired driving without being put at risk. Licensed drivers may operate *The Safety Bug*, and those unlicensed may be backseat passengers.

Community Partners, such as St. Luke's Chef Ed, AAA East Penn, Lehigh Valley Highway Task Force, will also participate with interactive booths that support healthy living and good lifestyle choices.

SADD Chapter booths will offer a creative healthy snack and drink. Community booths will offer games, and other healthy living strategies to encourage positive decision making. Northampton middle and high school students will be attending the event as well as SADD members of Lehigh valley school districts. The public is welcome and encouraged to attend. Last year over 150 students attended, it is hoped that this year will be even larger!

Valley Youth House is a Lehigh Valley-based social services agency devoted to assuring that every child in our society will have a chance to develop into a healthy, productive, and responsible adult. The agency offers a range of residential, counseling, mental health, and life-skills education services in Lehigh, Northampton, Bucks, Montgomery, Carbon, and Philadelphia Counties.

Valley Youth House has offices in Allentown, Bethlehem, Easton, Warminster, Norristown, and Philadelphia, and a full and part-time staff of more than 300. The agency serves 12,000 youth and their families each year, more than 90% of whom are from the Lehigh Valley.

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